



Supporting Choice

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Welcome

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Housekeeping

Please:

- Use chat ONLY for immediate technical issues
- Use Q&A button to ask questions
- Click closed captioning (cc) in order to see the live transcript
- Complete the evaluation that will be sent in the follow-up email (the email will also serve as confirmation you attended)

The recording will be uploaded to the FSSA YouTube Channel after the live sessions have been conducted

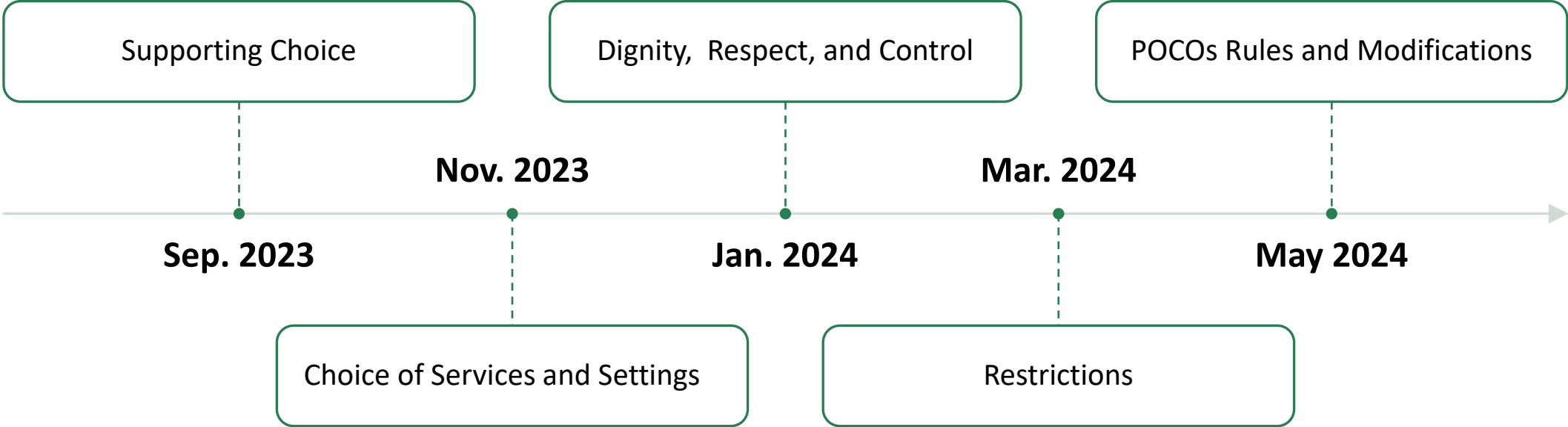




Agenda

- ❖ Upcoming Trainings
- ❖ Review of the HCBS Settings Rule
- ❖ Define Choice
- ❖ Identify Choice
- ❖ Support individuals in making Choices or Decisions
- ❖ Ways to support DSPs with individual choices
- ❖ What's next?

Upcoming Training Topics



What I'd Say by Michael Steinbruck



Home and
Community
Based Settings
Rule (HCBS)

Provide full access to the benefits of community living and offer services in the most integrated settings

Enhance the quality of services and provide protections to participants through a person-centered process



What does the Rule require?

All people living in the community, receiving Medicaid HCBS services and supports have access to the same kind of choice and control over their own lives as those not receiving Medicaid HCBS services and supports.

And

All people receiving Medicaid HCBS services and supports have independence in making LIFE CHOICES that include daily activities, physical environment, and personal associations.

What kind of
Choices does
the Home and
Community
Based Settings
Rule Require?

PROVIDERS

SCHEDULES

EMPLOYMENT

FRIENDS AND COMMUNITY

HOUSING

PLACES TO SHOP

RELATIONSHIPS THAT ARE IMPORTANT

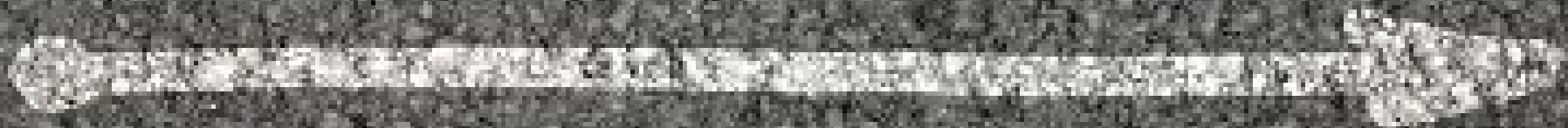
How do we define Choice?

CHOICE IS WHEN ANYONE HAS OWNERSHIP AND CONTROL IN THEIR DAILY LIFE AND DECISIONS, WITH OPPORTUNITY TO SEEK INFORMATION, EXPLORE AND CONSIDER A VARIETY OF AVAILABLE POSSIBILITIES, AND REQUEST GUIDANCE, ADVICE, AND OTHER SUPPORTS.

CHOICE INCLUDES THE ABILITY TO TAKE RISKS, TO SUCCEED, TO FAIL, TO TRY AGAIN, AND TO CHANGE ONE'S MIND, AS WELL AS THE ASSURANCE OF RESPECT FOR DECISIONS AND SUPPORT TO "FOLLOW THROUGH."



Choices



Impact of Education (Seek Information), Experience (Request Support) , and Exposure (Explore Possibilities)

- Provide information and education about exploitation, people are 2.5 times more likely to be free from abuse and neglect.

- Support people to be aware of their medical issues and their impact, people are 11.6 times more likely to have the best possible health (outcome present).

- Provide access to information about options for community participation, people are 6.5 times more likely to participate in the life of the community.

- Assist people to explore and evaluate experiences in order to make informed choices about intimate relationships, people are 3.9 times more likely to have intimate relationships.



Some things just happen



Let me think about that



This might take some time.

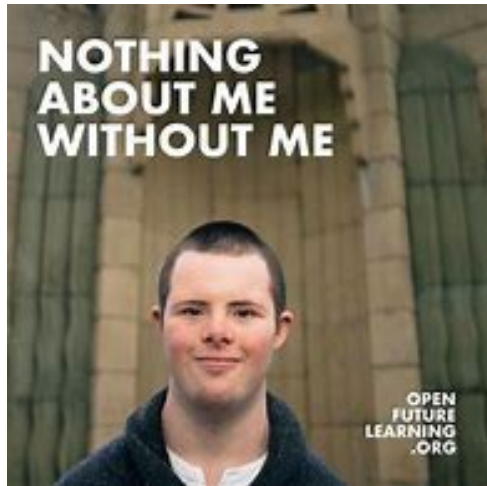
Guardians



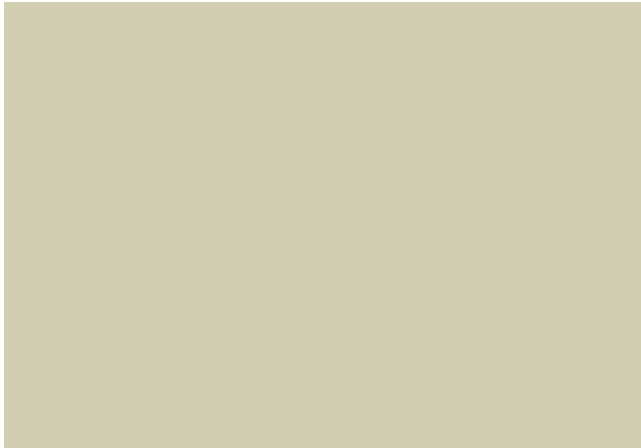




How do we support individuals to make Choices?



Education/ Seeking Information



For Consideration

What information do I need? When, where, cost

Where can I get that information? Social media, website, the radio, news story, the entertainer's website, friends, staff, family, my bank account (I have to know if I can afford it)

What supports do I need to get the information? Someone to help me with the computer, someone to help me access options, I might need someone else to read it to me someone to explain it with different words, pictures





Explore and
Consider
Possibilities/
Experience

Things to Consider

What are my Options?

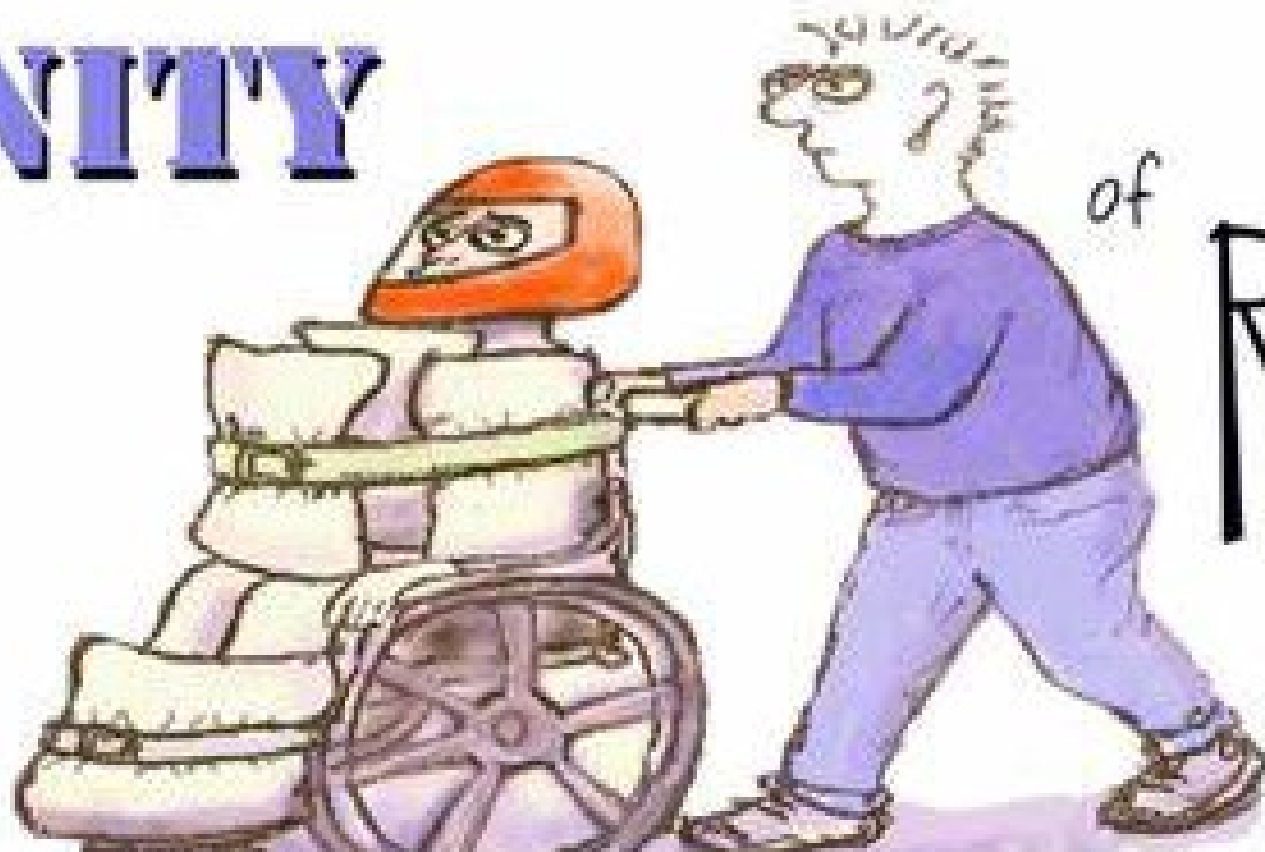
Who can I talk to?

Where can I get more information?





DIGNITY



of

Risk



There we go, yeah, that's
the one that's the one.
What's going on?

[FSSA: DDRS: BDS Quality Assurance \(in.gov\)](#)

**BE MY
MICROPHONE
NOT MY VOICE**

Dave Klingenberg



**BE MY
MICROPHONE
NOT MY VOICE**

Guidance,
Advice and
Support/
Exposure



What is routine and customary for you does not mean it is routine and customary for everyone

*Wait,
I changed
my mind
again!*

timeswithtandy.com

**IT'S
OK**



Opportunity to:

Support the individual in exploring
the outcome

Celebrate every success that is
present, no matter how big or small.

Support the individual in identifying
what could have been done
differently

With Every
Choice
comes
Opportunity

A photograph of two women in an outdoor setting. On the left, a woman with long dark hair, wearing glasses and a grey t-shirt, has a blue backpack and a tan messenger bag. She is looking towards the right. On the right, a woman with short blonde hair, wearing a blue and white patterned shirt, is seated in a wheelchair. They appear to be in conversation. The background shows a grassy area and some buildings. The image has a dark overlay and a green bar at the bottom.

Explore the Outcome



Celebrate
Every
Success



What could
have been
done
differently?



MAN WITH DOWN SYNDROME CATFISHED!



Ways to Develop Support Staff

Practice

Model

Reinforce staff
who demonstrate
good skills

Charting the
LifeCourse

Open Futures
Learning



Practice

10. BELIEVE IN YOUR VISION AND YOUR TEAM

"If your actions inspire others to dream more, learn more, do more and become more, you are a leader."

—
John Quincy Adams

Model



Reinforce
staff that
demonstrate
good
supporting
choice skills

LifeCourse Framework

Supporting positive life trajectories

Preventing negative life events



Charting the
Life Course



Open Future Learning



ALL people are empowered to live, love, work, learn, play and pursue their dreams.





We're In This Together

If you need additional information,
please contact us at

800-545-7763

BDS.Help@fssa.IN.gov



Stay Connected

Sign up for the DDRS listserv:

<https://public.govdelivery.com/accounts/INFSSA/subscriber/new>

Follow the BDS FB page:

<https://www.facebook.com/Indiana-Bureau-of-Developmental-Disabilities-Services-318818311807579/>



Additional Resources

Open Futures Learning:

Registration form: <https://forms.office.com/pages/responsepage.aspx?id=ur-ZIQmKE0-wxBi0WTPYjd4E1DwnRxtAozu0uf7-cShUQzhVV1hJSKRZWRUNEpZWjFTTEUxNVZPNS4u>

BDS Quality Assurance Website

[FSSA: DDRS: BDS Quality Assurance \(in.gov\)](#)

Charting the LifeCourse

[LifeCourse-Tools.pdf \(in.gov\)](#)

[LifeCourse Nexus – Exchange Knowledge | Build Capacity | Engage Collaboratively \(lifecoursetools.com\)](#)

Person Centered Risk Management Training

https://www.in.gov/fssa/ddrs/files/Person-Centered-Risk-Management_FINAL_for-posting.pdf come to the MO Family to Family Stakeholders Meeting





