



Meeting Minutes for Tuesday, March 1, 2022, 2:30 pm - 4:00 pm, adjourned at 3:47 pm

Viewable at: <https://youtu.be/dxWwLYEdzjE>

## Minutes

### Report Subcommittee Members Present:

Jay Chaudhary   Katrina Norris   Christine Negendank   Stephen McCaffery   Ray Lay  
Leah McGrath

### Report Subcommittee Members Absent:

Barbara Scott   Jess Yoder

### Guests:

Rebecca Sigafus   Denise Baker

A copy of the agenda is posted to <https://www.in.gov/fssa/dmha/indiana-behavioral-health-commission/>.

The Report Subcommittee members were notified the live recording and livestreaming for the public was in progress.

### **The following items were discussed:**

#### **Item 1: Welcome & Introductions**

- Essential Virtual Solutions (EVS) team was introduced by J. Chaudhary.
  - B. Sigafus provided an overview of the EVS role with the IBHC.

## Item 2: Project Plan Discussion

- B. Sigafus walked through the IBHC Project Plan designed to meet the SEA 273 mandates within the allotted time frame. Items completed were noted. The proposed framework, process, and timeframe for completing the IBHC’s work, and the completion of the final report were reviewed. (B. Sigafus will add the timeframe for the IBHC to review and provide final approval of the report.)
- J. Chaudhary asked if there were questions. No questions were asked.
- Several members commented on appreciating having a solid structure to move forward.
- The IBHC Project Plan will be sent to the Report Subcommittee.

## Item 3: Report Elements

- J. Chaudhary noted that the report will need to be written in a way that all persons reading it can understand. There will be multiple audiences, so creating a user-friendly report is critical.
- J. Chaudhary presented slides with a proposed IBHC report framework. The cover slide showed a visual of where we are today. Arrows coming from all different directions, labeling the plethora of systems which are intertwined, fragmented, disconnected, and create chaos for those trying to navigate within it.
  - **The proposed framework’s foundation is building a sustainable infrastructure and building a bridge to the future.**
  - Key Parts (strategies to accomplish this) include:
    1. 988, CCBHC, and Criminal Justice (top priorities)
    2. Workforce (to support the infrastructure)
    3. Overall Mental Well-being (to support the infrastructure)
      - SEL/MH
      - Social Determinants of Health (SDoH)
      - Stigma/testimonials
    4. The remaining recommendations will be incorporated into the report under the umbrella of “building a sustainable infrastructure”
  - C. Negendank agreed with the breakout of the proposed elements. She inquired if the size of part one components will be the same or different.
  - J. Chaudhary described envisioning a 3-level report:
    - Executive summary – (bullet points, 2 pages front and back)
    - Additional detail (leading to and supporting the recommendations)
    - On-line only documents including all recommendations, appendices, reports, and supporting documentation.
    - In response to C. Negendank’s question, J. Chaudhary indicated part one, 988 and CCBHC items, will probably be larger than some of the other areas. He highlighted the importance of leading with the most impactful. Criminal Justice may need to be its own area

- S. McCaffery described his vision as seeing the sustainable infrastructure as an umbrella. Under the umbrella are the strategies that are needed to make the infrastructure sustainable.
- S. McCaffery proposed using language which will be clear to all who read it. The report needs to provide clearly defined concepts that all people can understand and relate to.
- J. Chaudhary noted the common elements with 988 and CCBHC are the backbone of financial sustainability. He then suggested to make Criminal Justice its own separate element. (The subcommittee agreed with this recommendation.)
  - K. Norris N suggested the report needs a visual display of framework. What is done now and what is proposed for the future. There is another path! Take a layman’s approach so all can understand it.
  - J. Chaudhary indicated legislators will be looking for concrete actionable items. Specifically, 988 and CCBHC will require legislative action in the 2023 session. He recommends using testimonials along with context that will support creating a new path.
  - R. Lay noted there is value in sharing your story. He will write his story/testimonial. He also stated “Crisis often starts behind the front door. What we are doing is not working. We need a mental health response to a mental health crisis.” R. Lay expressed using the structure of Respite Centers and Peers are critical elements. He expressed concern that Indiana Department of Corrections has not participated in the BHC.
  - J. Chaudhary agrees, including peers and respite needs to be included within the report under crisis response (988/Crisis Now model). The report needs to connect to all audiences (public, hospitals, criminal justice, legislators...)
  - J. Chaudhary is interested in using art as a visual. C. Negendank will reach out to local artists she knows to help secure someone to develop the visual.
  - S. McCaffery suggested the last page(s) need to be recommendations (bullets) with action items.
  - J. Chaudhary recommended using the executive summary to state recommendations.
  - S. McCaffery expressed the need to be specific regarding action needed with a dollar amount/budget.
  - J. Chaudhary indicated a dollar amount and budget are being worked on.
  - L. McGrath recommended including data to paint the picture of now and future. Use data to demonstrate the “why” to support the recommendations. Create something that is streamlined for everyone. Show how spreading dollars differently can get you X value (data). (“What’s in it for me?”) Establish the “why” we (the legislators) should do the recommendations.
  - J. Chaudhary suggested the chaos, testimonials, and the cost demonstrate the whys.
  - L. McGrath noted that legislators are the primary audience. Start there.
  - J. Chaudhary suggested the report demonstrate how a minimal investment can be sustainable and provide better value. He stated Part 1 will need to be further flush out.
  - R. Lay recommended the state be proactive vs reactive.

- J. Chaudhary noted the recommendations are tied together.
- S. McCaffery suggested the group give thought to branding and language.
- J. Chaudhary asked for group feedback on categorization of Part 1. The group agreed that criminal justice needs to be a standalone item.
- S. McCaffery identified parity, workforce, and telehealth as strategies for building a sustainable infrastructure.
- J. Chaudhary highlighted the need to broaden the focus on all Hoosiers (for example, parity is all inclusive)
- C. Negendank asked if testimonials will be used across the sections or as its own section?
  - J. Chaudhary proposed testimonials be sprinkled throughout. He stated the Governor Holcomb/Lieutenant Governor Crouch will be asked to write a letter. It was suggested that all IBHC members provide a bio.
  - S. McCaffery suggested using a layout of data, testimonials, and recommendations.
  - L. McGrath suggested using that format in each section, then at the end combine them.
- J. Chaudhary asked the group to review all recommendations and provide input on where they fit. He will send out the most current recommendations document to this subcommittee.
- B. Sigafus – outlined the proposed framework for the final report (adjustments may be made based on the subcommittees recommendations):
  1. Cover page (art)
  2. Forward
  3. Executive Summary
  4. Introduction
  5. Process description
  6. Body
  7. Appendices (provide links)
- Group feedback:
  - L. McGrath recommended the executive summary needs to be concise and include the why, supporting data, and recommendations.
    - The group agreed with this recommendation.
  - J. Chaudhary indicated he will work with Becca and Denise to incorporate the subcommittees recommendations into the report development.
  - S. McCaffery indicated the recommendations need more action steps. He also suggested the recommendations each subgroup made need to be included in the report.
  - J. Chaudhary stated the report will incorporate all recommendations. Except for the ones which have been taken care of already.
- B. Sigafus screen shared a table created to provide information and a visual of the legislative mandates and what has been discussed within the subcommittees.
  - Due to running out of time, J. Chaudhary requested this be sent to the Report Subcommittee for their review.

#### **Item 4: Questions for the Subcommittee**

- J. Chaudhary asked if there is anything the Report Subcommittee wants to add to the recommendations.
- S. McCaffery noted all recommendation need to include concrete action items.
- J. Chaudhary stated there he will schedule at least one more meeting to nail down next steps and format for the report.

#### **Item 5: Closing Comments and Next Meeting**

- B. Sigafus stated the EVS team will review the recording of this meeting and incorporate the items recommended by this subcommittee into the final report.
- J. Chaudhary will send a doodle poll to set next meeting (within the month).
- J. Chaudhary identified the following action items for the Report Subcommittee:
  - Fill out the doodle poll.
  - Identify anything that needs to be added.
  - Think about options to incorporate all of the recommendations within the report.
  - Provide input on strategies to begin communicating to legislators about the report and recommendations prior to it being published.
- J. Chaudhary requested B. Sigafus send out the proposed format template prior to next meeting.
  - B. Sigafus agreed and will provide the crosswalk table and project plan documents to be sent out to the report subcommittee.