



Who We Are

*Title of Project, Name of Lead Entity, Partner, Counties in Indiana we are impacting.*

**A Best Practice Model of Level 1 Supervision**

Kestrel Behavioral Health (KBH) is an Indiana-based agency focused on the mental health needs of people with Intellectual and Developmental Disabilities (I/DD)

Headquartered in Bloomington, our Innovation Pilot Project is designed to improve behavior support by implementing high-quality clinical supervision, called "Level 1" - This two-year project will be taking place across the state

What We Expect if We Achieve our Vision

*Expected short-term and long-term outcomes; and positive impacts on individuals if your project successfully carries out these actions.*

Indiana’s Behavior Clinicians (BCs) have over 20 years’ experience with poor clinical supervision. Most would prefer just doing away with it. A better solution is to improve supervision so it benefits treatment. A short-term goal is to provide clinics across the state to expose BCs to supervision that actually helps. Based on our own experience at KBH, we know that offering this additional resource improves BSPs, and BCs appreciate the support.

The bottom line goal is to improve the quality of behavior support and BSPs across Indiana. Across medical and human service fields, a well-tested method for improving quality to ensure that clinicians have adequate supervision. Indiana requires that for behavior support, but there are insufficient standards in place, so currently Level 1 supervision is minimal. This project is designed to help Indiana – BDDS & DDRS – improve the system for all Hoosiers.

What We Will Do

*Specific actions your agency will take to carry out pilot project.*

Kestrel Behavioral Health will work with other providers across the state to learn what works best. That includes holding several focus groups with key stakeholders, piloting a new model of clinical supervision, and surveying clinicians before and after they take part.

Then we plan to apply what we have learned to create an evidence-based model that we will use to train new Level 1 supervisors.

How We Will Do It

*Plan and implementation*

Beginning in April, 2023, KBH will study how behavior supports are provided in neighboring states. We also will ask key stakeholders – Behavior Clinicians, Psychologists, and Case Managers – about their experiences. Then we will hold pilot clinics across the state to work directly with the master’s level BCs who provide behavior supports to individuals. The final step will be to take all that we learned and train new Level 1 providers.

What Will Result

*Long-term goals to transform services and/or better support individuals.*

The main goal of this project is to improve behavior support for all Hoosiers. Level 1 supervision originally was designed to improve quality, but the way it currently is implemented does not really accomplish that. We at KBH think it should, and we designed this project to help the state re-imagine how clients might benefit with quality clinical supervision. The final goals are better BSPs, more trained supervisors, and improved waiver standards.

What We Want to Avoid

*Outcomes that may take away from the vision and will serve as “red flags” to consider course correction.*

KBH has a multi-step process to improve Level 1 supervision. This includes learning from the experiences of key stakeholders and applying it to a new model that we are developing. Each step is informed by the previous stage. We need to be patient to ensure that all the information is learned before we start subsequent stages.

